



LIA

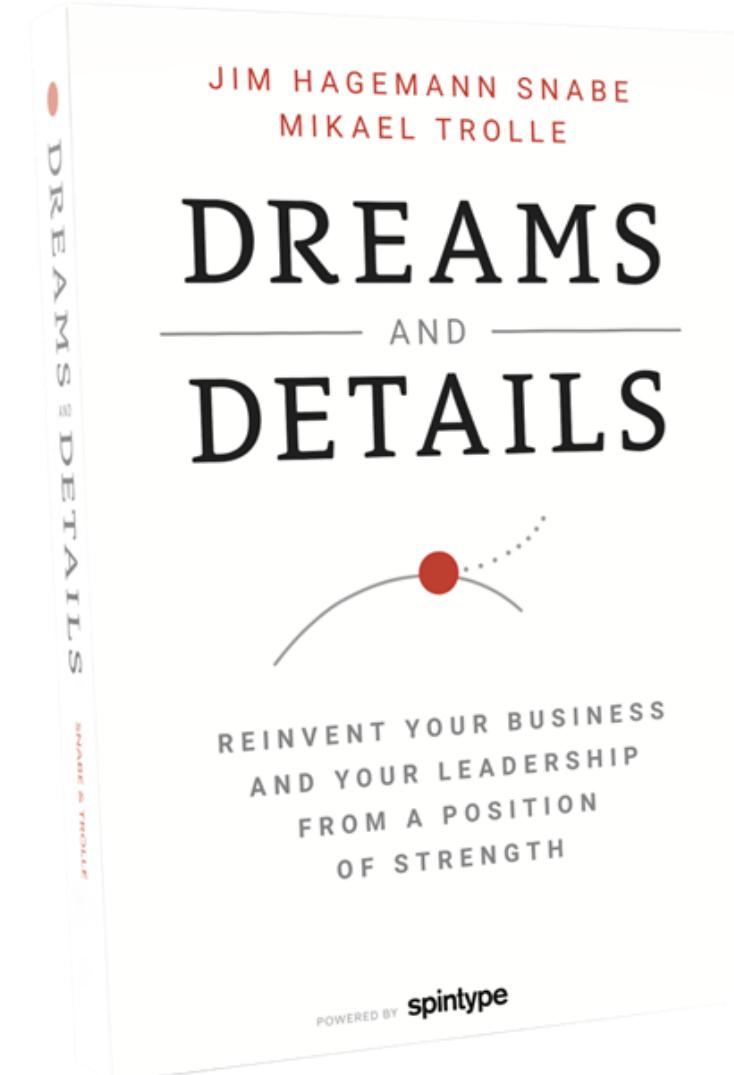
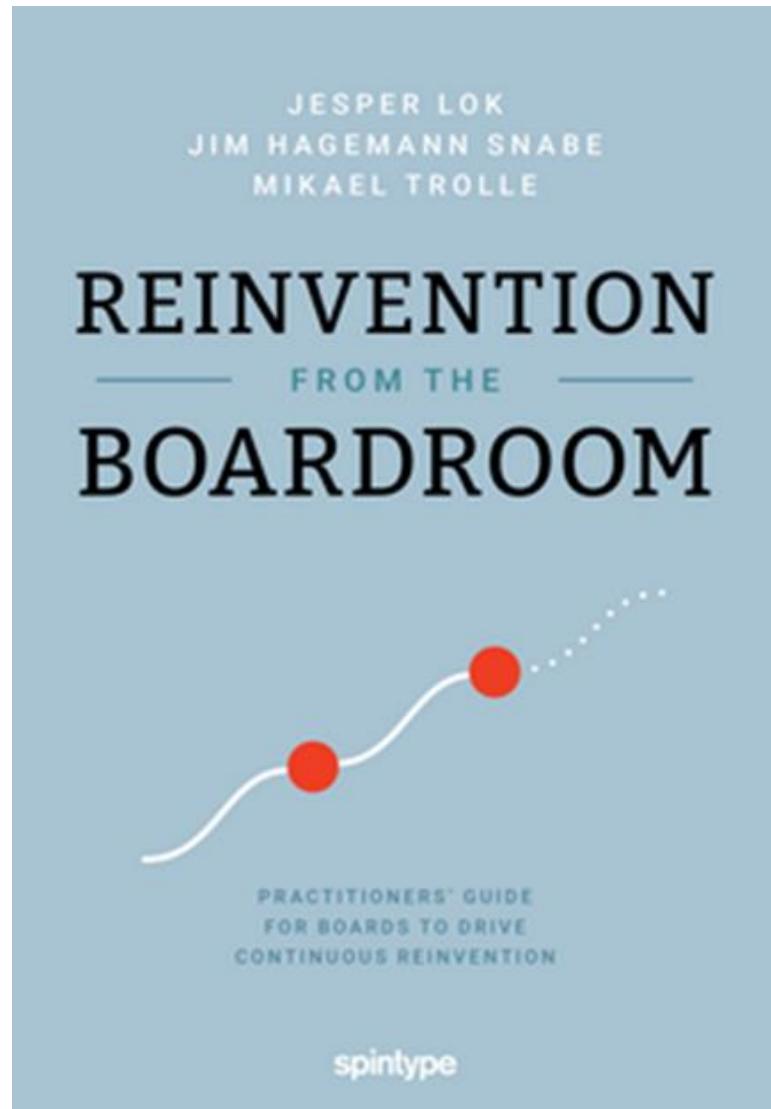
Successful Relations and Growth

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# Unleashing Human Potential

**What Future Do You Want to Create?**

IDEONEA



**How many engaging meetings do you attend, and  
how many do you create yourself?**

# **Be Present**

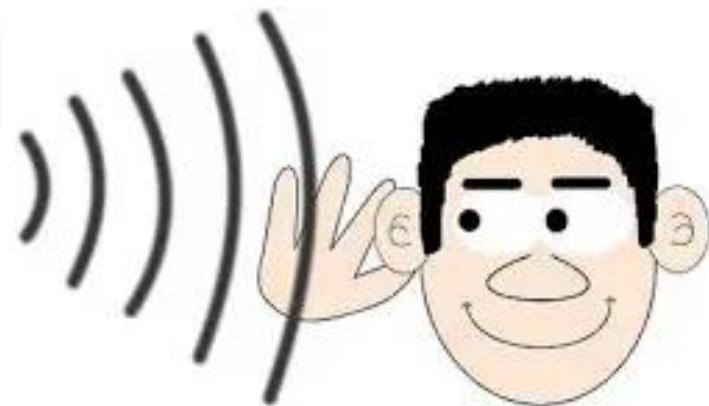


**How do you engage and  
improve the performance of your people?**

# We're Not Listening



- Be aware of that an average person interrupts every 17 seconds or more...
- So don't forget to really listen to each other...



# Feedback



# **Feedback delivered appropriately improves performance**

- 1. Aim to Assist**
- 2. Actionable**
- 3. Appreciate**

**“Yes, but..”**

# Thoughts



## Research Study:

- The average person had between 12,000 - 60,000 thoughts per day.

*Source: The National Science Foundation*

- 80% of them were negative.
- 95% of them were repetitive.

**We are complaining to the wrong person!**

# **Ask for What You Want**

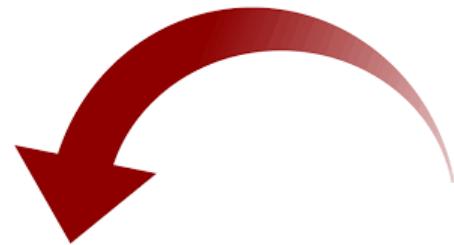
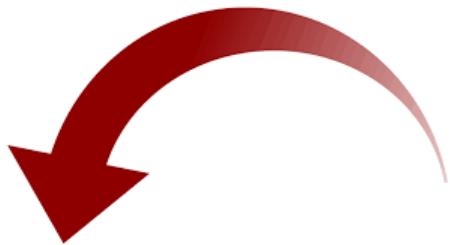
# What often holds us back?



- Fear of rejection
- Fear of not being good enough
- Fear of...

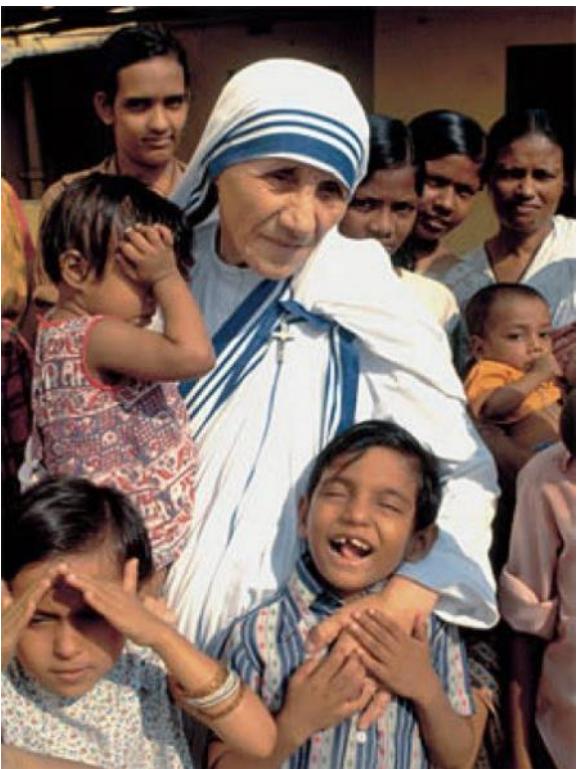
**If you don't feel the fear, then turn up the challenge!**

# Assumptions



# Leadership

Agnes Bojaxhiu



**Do You Know Your People?  
Do You Like Them?**

# **Thank You!**